# The Banyan Leaf Monthly Club Bulletin Rotary Vadodara Banyan City



2023-24 RI District 3060





RI President **McInally R Gordon**  District Governor **Nihir Dave** 

President Dr. Rashmi Thakral

Secretary **Jignesh Panchal** 

**Bulletin Editor** PDG Dr. G.K. Thakral

**CLUB NO: 225155** 

**CHARTER DATE: 19th April 2023** 

ISSUE: 1

**July 2023** 

#### **UPCOMING EVENTS**

Date: 9th July 2023 Day: Sunday

Time: 10.30 am (Brunch) Venue: Hotel Lords Inn

#### Program

Club Assembly with AG Dr. Vikram Premkumar from Bharuch (Only Members of the Board of **Directors - No Spouses)** 

#### **NEXT MEETING**

**Date: 23rd July 2023** 

Day: Sunday

Time: 10.30 am (Brunch) Venue: Hotel Lords Inn

**Program** 

Regular Meeting with Spouses

#### **BOARD OF DIRECTORS**

2022-23

President:

Rtn. Dr. Rashmi Thakral

Secretary:

Rtn. Jignesh Panchal

Treasurer:

Rtn. Rajiv Gupta

Vice-President:

Rtn. Jigar Thaker

President-elect:

Rtn. Rishi Raj Kaith

**Bulletin Editor:** 

PDG Dr. G. K. Thakral

Director Club Service:

Rtn. Amit Limbachiya

Director - Vocational Service:

Rtn. Dr. Snehal Upadhyay

Director - Community Service:

PP Pravin K Gupta

Director - International Service:

Rtn. Dr. Hiren Popat Director - Youth Service: Rtn. Parshuram Roy

> Club Adviser & Trainer PDG Dr. G. K. Thakral

### A Baby is Born .....



The birthday of our Founder Paul P Harris on 19th April 2023 became an auspicious day for Rotary in District 3060. Rotary Vadodara Banyan City became the first club of the District for the year 2022-23 to receive its Charter from Rotary International. RV Banyan City walked with its tiny steps into the wonderful world of Fellowship & Service on 19th April 2023.

I am reminded of Chinese philosopher Lao Tzu's words: 'The journey of a thousand miles begins with one step.' We at Rotary Vadodara Banyan City have already taken the first step.

The Rotarians, spouses, and their families are determined to go a long way in developing lasting bonds of friendship and rendering 'Service Above Self to the needy in the community. Under the promising and compassionate leadership of our Charter President Rtn. Dr. Rashmi Thakral, we will march ahead to touch the lives of people who are waiting in distress and despair. An equally energetic & active Charter Secretary Rtn. Jignesh Panchal and the Team 2023-24 are all set to steer Rotary at RV Banyan City to glorious heights of camaraderie & service to humanity.

The Banyan tree & its leaves represent growth, strength & selfawareness. The legendary story of Buddha highlights it as a symbol of enlightenment. I very strongly believe that the Rotarians & their families at Rotary Vadodara Banyan City will acquire all these virtues in abundance and 'The Banyan Leaf' will become a source of further enlightenment.

I am happy to present the First Issue of our monthly club bulletin - 'The Banyan Leaf'. It shall be my endeavor as Editor to cover the activities, actions & programs and share some useful & thought-provoking reading month after month. 'The Banuan Leaf' is going to be a mirror of the Rotarians and their actions at *Rotary Vadodara Banyan City*.

> PDG Dr. G. K. Thakral Editor

### **Rotary's Special Observance Month**

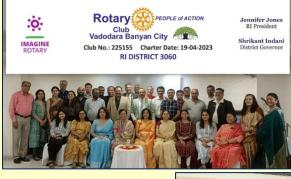


## JULY

Rotary Clubs are expected to plan activities and projects that focus on mothers' and children's health and well-being. The projects may include women of child-bearing age, expectant mothers, and nursing mothers. Healthy mothers give birth to healthy

children who grow up to become healthy adults. We may also plan activities for newly born children, infants, adolescents, and malnourished children. Malnutrition and infection are two of the major challenges during pregnancy and after birth. We need to address both issues through health awareness campaigns.

#### CHARTER PRESENTATION-CUM-INSTALLATION CEREMONY

























Rotary Vadodara Banyan City received its Charter from the Chief Guest District Governor Shrikant & First Lady Sarika Indani at a simple yet meticulously planned and organized function on Sunday, 11<sup>th</sup> June 2023 at Hotel Lords Inn, Vadodara. All the charter members were presented with Charter Member Certificate and pin by the chief guest.

Pres. Rtn. Dr. Rashmi Thakral and Board of Directors 2022-23-24 were also installed under oath of office.

DG Shrikant congratulated Pres. Rtn. Dr. Rashmi Thakral, Sec. Rtn. Jignesh Panchal, the new team, and all the members. He was appreciative of the sincere efforts and hard work of District Membership Counsellor PDG Dr. G.K. Thakral & GSR PP Pankaj Shah in starting the new club. He was optimistic about Rotary Vadodara Banyan City emerging as a strong and vibrant club in times to come.

PDG Dr. G.K. Thakral gave a short narrative of the club formation and highlighted the commitment and sincerity of every charter member.

Pres. Rtn. Dr. Rashmi Thakral in her brief address thanked the club for the confidence reposed in her and for having got a highly dedicated team of Rotarians to work with. She also mentioned some of the upcoming project & activities.

Earlier, the meeting was called to order by SAA Rtn. Dr. Pankti, Prayer was sung by Spouse Jalpa and the Four-Way test was recited by Rtn. Harshil. PE Rtn. Rishi Raj welcomed the guests in his own style and a well-worded vote of thanks was offered by Rtn. Dr. Hiren. Sec. Rtn. Jignesh conveyed Greetings and shared club communication.

The function was attended by several guests and dignitaries including AG Manisha Bhatt & DS Public Image Hitesh Bhatt.

#### **CLUB ROASTER RELEASED**



#### 'ROTARY VADODARA BANYAN CITY' IN ACTION









#### **OUR FIRST MEETING**

The First Regular Meeting of Rotary Vadodara Banyan City was held on Sunday, 30<sup>th</sup> April 2023 at Hotel Ginger, Vadodara. The meeting was presided by Rtn. Jigar Thaker and Rtn. Jignesh Panchal officiated as club secretary. Club Advisor PDG Dr. G.K. Thakral proposed the first Governing Body of the club. He further read out the proposed Byelaws of the club by explaining significant sections. The house unanimously accepted and approved the Board of Directors and the club Byelaws. It was decided to continue our regular meetings over breakfast.

#### KNOW YOUR ROTARIANS

A regular meeting of RV Banyan City was held on Sunday, 28th May 2023 at Hotel Lords Inn, Vadodara. President Rtn. Dr. Rashmi Thakral welcomed all the Rotarians and spouses. Rtn. Dr. Snehal Upadhyay officiated as club secretary at the meeting and shared information and expressed greetings to members & spouses for birthdays & anniversaries. Prayer was recited by R'Annettes Nitya & Kshitij Upadhyay, and Rtn. Dr. Hiren Popat read out the 4-Way Test.

Members present made a 3-minute presentation about themselves, their family & vocation, and their reasons for joining Rotary. Rtn. Dr. Jigar Patel gave some valuable ideas about service projects.

It was decided to adopt a bird for maintenance at the local Zoo as a joint initiative by all clubs in Vadodara.













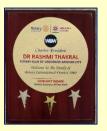


# Our Trainees at District Training Assembly & Grant Management Seminar

Club Secretary Rtn. Jignesh Panchal & Treasurer Rtn. Rajiv Gupta attended the two training events organized by RI District 3060 under the leadership of DGE Nihir Dave. No wonder, they sound so mature and grown up!











# LIST OF CHARTER MEMBERS ROTARY VADODARA BANYAN CITY

S.	NO.	NAME	S.NO.	NAME
	1	PDG Dr. G. K. Thakral	11	Jigar Thaker
	2	Dr. Rashmi Thakral	12	Dr. Jigar Patel
	3	Dr. Snehal Upadhyay	13	Rajnath Giri
	4	Rajiv Gupta	14	Keyur Shah
	5	Dr Hardikchandra Kalal	15	Jwalant Shah
	6	Dr. Pankti Kalal	16	Pruthvi Singh solanki
	7	Ronak Patel	17	Jignesh Shah
	8	Dr. Hirenkumar Popat	18	Parshuram Roy
	9	Rishi Raj Kaith	19	Harshil Rawal
	10	Jignesh Panchal	20	Hemant Deshmane

#### Rotary Vadodara Banyan City & Its Members Recognized by DG at District Award Function

- Pres. Rtn. Dr. Rashmi Thakral, RV Banyan City
- PDG Dr. G.K. Thakral: District Membership Counsellor

#### 'ROTARY VADODARA BANYAN CITY' IN ACTION

#### HYGIENE AWARENESS CAMP & HYGIENE KIT DISTRIBUTION

Banyan City Rotarians visited Arpan Diagnostic & Rehabilitation Center, Diwalipura on 9<sup>th</sup> June 2023. The Day Care Center is engaged in providing basic education and vocational training to more than 80 mentally challenged children. A demonstration of proper **hand-washing techniques** was given to the inhabitants by Pres. Rtn. Dr. Rashmi Thakral. All the steps of handwashing were explained to the children. Dr. Rashmi gave a talk on the significance of washing our hands periodically during the day.

Dr. Preeti Upadhyay told them about the importance of maintaining **good oral hygiene** and demonstrated the correct brushing technique. She emphasized eating nutritious meals and avoiding junk food.

Hygiene Kits comprising of a hand towel, a soap cake, a toothbrush & toothpaste were given to all 80 children. The project was attended & participated in by Pres. Rtn. Dr. Rashmi & PDG Dr. G.K. Thakral, VP Rtn. Jigar Thaker, Rtn. Rajiv Gupta, Rtn. Dr. Snehal & Dr. Preeti Upadhyay, their children – Khshitij & Nitya, Rtn. Dr. Hiren Popat, Rotary Spouse Kavita Deshmane, and her daughter Neha (an ex-Rotaractor from Pune).



#### **OUR GENEROUS DONOR**

President Rtn. Dr. Rashmi Thakral contributed US \$ 100 (Rs. 8,600/-) to the Rotary Foundation. We appreciate her benevolence and faith in the good work being done by The Rotary Foundation globally.

#### OUR UPCOMING PROJECTS

- Adoption of Birds at Kamati Baug Zoo
  3<sup>rd</sup> July 2023: 9.00 am
- Tree Plantation at Municipal Garden, Vasna-Bhayli Road, Near White House Friday, 7<sup>th</sup> July 2023: 9.00 am
- Sanitary Napkin Distribution to Girls at Punitnagar Govt. School

14th July 2023: Further details to follow